

Bruno Bits

**December
2020**

MAYOR'S MESSAGE

Hello Everyone

I would like to welcome back councilors Debora Kramer, Jenna Hale, Daryl Lepage and Kayla Shaw. Welcome to our two new councilors Kurtis Ellis and Michael Sorokoski.

With December comes the thoughts of the Christmas season, this year it may look very different. On behalf on the Town of Bruno staff, council and myself we would like to wish everyone a safe and Merry Christmas and a Happy New Year.

Mayor Dale Glessman

TOWN TIDBITS

Council Meeting - Open to Public

Tuesday December 15th, 2020.

Town Office Hours

Monday - Friday 9:00 a.m. – 12:00 p.m. and 1:00 p.m. - 4:00 p.m.

Town of Bruno

Box 370 Bruno, SK S0K 0S0

(306) 369-2514

Emergency After Hours: (639) 206-7299

For Fire, Police or Medical Please Call: 911

reception@brunosaskatchewan.com

Town of Bruno Website

Town Web site: <http://www.brunosaskatchewan.com/> 🏠

Check out our Website.

To submit your event or community picture, please email: brunosaskwebsite@gmail.com

Town of Bruno Facebook and Instagram

Town Facebook Page: <https://www.facebook.com/BrunoSaskatchewan/>

Town Instagram Page: <https://www.instagram.com/brunosaskatchewan/?hl=en>

Check out our Facebook Page.



Town Office Will Be Closed

Thursday December 24th for Christmas Eve at 12:00pm

Friday December 25th for Christmas

Ombudsman Saskatchewan - Promoting Fairness

Saskatoon Office - Monday to Friday 8:00a.m. - 12:00p.m. and 1:00p.m. - 5:00p.m. Toll Free Phone 1-800-667-9787

Recycling

Recycling bins are located on the end of main street. Remember, the recycling bins are for your convenience. Please use them for the purpose they are intended for. Read the labels and deposit only items allowed. They are not for general household garbage!

Landfill Hours

Wednesdays: 3:00 p.m. - 6:00 p.m.

Saturdays: 10:00 a.m. - 3:00 p.m.



BRUNO BITS DEADLINE

Deadline for submissions to the January 2021 Bruno Bits is December 14th, 2020

Derek Vetter ~ Box 363 ~ Bruno Saskatchewan S0K 0S0

Phone: (306) 369-2980 Email: brunonewsletter@sasktel.net



HOOTIE LOONIE TOKEN CHRISTMAS SHOP

Hootie Loonies are available at the Library for boys and girls ages 4-13 to collect. When you check out your books, DVD's or other library material you will receive a Hootie Loonie. One

Hootie Loonie with each visit to the Library, one visit per day. You will receive 2 Hootie Loonies if you bring along your parent!!!

Hootie Loonies will be around from December 1 - December 30, 2020. So collect them and then cash them in for prizes. Prizes are on a first come basis and may vary from week to week. So check the library out often and see what's new in prizes and books.



BRUNO FITNESS CENTRE NEWS

The Bruno Fitness Centre has re-opened. Your Membership continues with a new passcode or sign up for a new Bruno Fitness Centre Membership.

Jenna 306-369-7591

Donna 306-850-6643



Precautionary Guidelines

Sanitize in and out

Sanitize equipment after each use with wipes provided

Our cleaner will be in to clean more often as well

Only use the gym with people from your household

Guidelines according to the Saskatchewan Health Authorities



New members welcome

Please contact Jenna or Donna for membership fees and general Fitness Centre information .

The Bruno Fitness Centre will host a

Personal Fitness Trainer at the Fit Centre if there is interest expressed by at least 8 people for this service.

Individual sessions or group sessions of up to 4 people will

Be scheduled.

The Personal Fitness Trainer will customize a fitness Workout for you specifically for strength, weightloss or toning.

Fees are yet to be determined depending on the number of participants.



Bruno Electric

Michael Kane
Box 4
Bruno, SK S0K0S0
306-203-1467
brunoelectric@outlook.com

Totzke Auto & Truck Sales

Mark & Jan Kehrig

Now a dealer for Goodyear, Dunlop, Cooper, Kelly, BF Goodrich, Bridgestone, Uniroyal & Michelin Tires - Install & Balance Available

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totzkeauto@sasktel.net

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info@bridgecitydc.com

306-477-DUCT (3828)

www.bridgecitydc.com

Brent Badrock
Owner

TW TRUCKING INC.

TW

TRUCKING

Bruno, SK

Terry Weiman
Owner

PO BOX 493
Bruno, Sask S0K 0S0

Phone: 306-369-7902

Fax: 306-369-3070

Email: twtrucking@sasktel.net

5 lifestyle tips to keep yourself fit and healthy winter season



With the freezing temperature outside and our bodies reluctance to shed off those extra layers of fat, we tend to not give a thought to stay fit and healthy. We keep on eating food for staying up warm but eating healthy is the key. Similarly, there are other simple tips that can keep you warm in this season and are easy-to-follow. Here are five simple lifestyle changes that'll help you to stay fit and healthy in the winter season:

Keep a water bottle handy



The most common practice is gulping a glass of water just after eating a heavy meal, which causes indigestion. One should either drink water 30 minutes before a meal that later helps in taking a small plate or drink water 30-45 minutes after a meal, this gives the body time to absorb the nutrients and helps in healthy digestion. It is also important to sip water before, during and after exercise to keep the body hydrated at all times.

Take a walk, please!



During winter, we tend to consume food with more calorific value as our body needs the extra warmth. One of the easiest ways to digest that calorie pumped meal would be walking for at least 15-20 minutes after eating.

Tip: You can walk outside your house for a while or stroll inside your house. It will help break down the meal in your body which further will be easy to digest.

Roll your mat on floor



Fixing a quick 15-minute exercise in between your busy schedule will help in diluting those extra carbs. You can schedule it in the morning or in the afternoon, but you need to make sure that you only put those shoes on an hour after the meal. In the 15 minutes of exercise, do three sets of -15 jumping jacks, six push-ups, 30 seconds plank, five sit-ups and five squats.

Tip: It is okay to start with something small. Begin by taking stairs instead of lifts or escalators.

Check on your lifestyle habits



A simple way to keep a regular check on calorie would be to download any fitness app, which logs in all the important details according to your body. After logging in, the fitness app calculates the amount of calorie you can consume in a day, after which you can feed every meal and it shall automatically add the calorie each meal partakes.

Say YES to fitness



By sticking to these little lifestyle changes can really help you with this cold season. We suggest you to not procrastinate on essential things that are to be done or skip your workout sessions. Since winter season is the time to enjoy the breezy winds, take these lifestyle tips into account to enjoy the weather.

Your Ad Could Be Here!
Please contact the Bruno Bits
@ brunonewsletter@sasktel.net
OR

(306)369-2980

\$30.00 for 3 months, \$60.00 for 6 months,
\$90.00 for 9 months or \$120.00 for a year

 **KUN**
AG SERVICES

Canola, Soybean & Corn Seed Sales

Tony & Kim Kun
Independent Sales Reps
Ph: 306-369-7331

 PIONEER

 kunagservices.com

**BRUNO SAVINGS AND
CREDIT UNION LIMITED**
Box 158, Bruno, Sk S0K 0S0
Ph: 306-369-2901
Fax: 306-369-2225



Email Address: info@bruno.cu.sk.ca
Check our website: www.bruno.cu.com

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KATIE YAMNIUK MEMBER # 10068251
BRUNO, SK 306.260.6072

THANK YOU

Thank you to our family and friends for all the phone calls, meal-food-floral deliveries, cards, texts, emails and Facebook posts. Thank you to those who joined us at the funeral mass or virtually for the Celebration of Life of Percy Schmeiser.

Special 'thank you' to Dr. Warren Huber for the exceptional care, support and friendship you gave Percy over the years.

To the staff at St. Mary's Villa in St. Joseph's Wing, thank you for the wonderful care and support given to Percy during his stay at the Villa.

To the medical and Palliative Care Staff at the Humboldt District Hospital, thank you for the compassionate care given to Percy during his final days.

Thank you to the Schuler-Lefebvre Funeral Chapel, Megan Kasper, Brad Lafebvre (and staff) for your guidance and assisting us in the preparations of Percy's send off.

Thank you to Fr. Pius Schroh for the prayers for Percy; the hospital visit; and for celebrating Percy's funeral mass. We also thank those who have sponsored masses in memory of Percy; offered their prayers for him; and gave donations to the Humboldt District Hospital-Palliative care and to the Bruno Senior's Friendship Centre.

We are blessed and thankful for all those who shared in Percy's life. God Bless and thanks again to everyone who helped in anyway during this difficult time.

Sincerely, Louise Schmeiser and Mary Lou, Daniel, Mary Jane, John, Anna Marie and families.

PRAIRIE VIEW

Hello! From Prairie View Tenants & Staff!

Birthday Greetings for December go out to Randy Hering (8th), and Dolores Sabbadin (12th).

Farewell, and thank you, to Colleen Laskowski who has been our meal service provider for the past 3 years. Your commitment and dedication to our community is greatly appreciated. We wish you well in your future!

JOB OPPORTUNITY

Contract Meal Service Provider

The Bruno Housing Authority Requires the Service of a cook. This contract involves daily provision of meals to residents as well as meals on wheels throughout the community. The contractor may also provide extra services such as baking and catering. For inquires please contact:

Manager—Lois Sowa @ 306-369-7290

Chairman—Victor Granger @ 306-369-4193

IMPORTANT MESSAGE FROM THE BRUNO HOUSING AUTHORITY

All routine activities at Prairie View will be cancelled until further notice due to the COVID-19 pandemic, including doctors services, lab service and foot care service.

DOCTORS APPOINTMENTS

Anyone needing the services of a doctor may call the Humboldt Clinic and arrange a telephone visit from their doctor. 1-306-682-2618

We would like to take this opportunity to wish everyone a safe and happy holiday season.

Once this pandemic has passed, life will resume as normal. Thank you for co-operating with us and helping to keep everyone safe. Stay home, stay safe.

Lois Koob Sowa, Program Director

ANNOUNCEMENTS

This is a reminder to all Bruno Residents that 2020 Taxes are due at the end of December. To avoid interest and tax enforcement penalties, please have payments in full by December 31st, 2020.

You are able to pay at the Town Office with cash, cheque or debit. We also offer contactless payment options, contact the Town Office for details 306-369-2514.



If you notice any burnt out streetlights around town, you can report them to the Town Office or at saskpower.streetlightoutages.com/map/default.html





Christmas on Main

Join us through Facebook Live
this year to see the
North Pole light up!

Friday, December 4, 2020
Park Lighting - 7:00pm

Unfortunately, we are unable to all gather together this year, but we still want to share the joy and excitement of the Christmas season.

The committee is planning to add some new items this year. If you would like to make a donation to help with the new items please, contact a committee member.

Kristina & Darnell Weiman 306-369-7836

Dale & Jenny Glessman 306-231-7595

Joan & Neil Manderschied 306-369-7616





**FAITH BASED INFORMATION FROM
ST. BRUNO PARISH IN BRUNO AND
ST. AGNES PARISH IN PETERSON**



Resident Priest: Fr. Pius Schroh: Parish Office: (306) 369 – 2235 or Cell: (306) 717-3491

St. Bruno Council Chairperson: Victor Granger: Phone: (306) 369 -4193

St. Agnes Council Chairperson: Brad Basset: Phone: (306) 231-7273

Email Parish bulletin inserts to: ppjschroh@hotmail.com or st.brunoparish@hotmail.com

DECEMBER 2020 – SUNDAY MASS and CHRISTMAS MASS SCHEDULE FOR EACH PARISH

DATE:		BRUNO	PETERSON
December 6, 2020	2 nd Sunday of Advent	10:30 a.m.	9:00 a.m.
December 13, 2020	3 rd Sunday of Advent	9:00 a.m.	10:30 a.m.
December 20, 2020	4 th Sunday of Advent	10:30 a.m.	9:00 a.m.
December 24, 2020 – CHRISTMAS EVE	Nativity - Night	7:00 p.m.	9:00 p.m.
December 25, 2020 – CHRISTMAS DAY	Nativity – Day	10:00 a.m.	NO MASS
December 27, 2020	Holy Family	9:00 a.m.	10:30 a.m.
January 1, 2021 – NEW YEAR’S DAY	Mary, Mother of God	10:30 a.m.	9:00 a.m.



ST. BRUNO PARISH - Daily Mass is offered

Tuesday thru Saturday at 8:00 a.m.

**“Adoration of the Blessed Sacrament”
and “Praying the Rosary”**

follows immediately after mass, from 8:30 until 9:30 a.m.

At SUNDAY MASS in ST. BRUNO PARISH

“Praying the Rosary” commences ½ hour before mass.



ST. AGNES PARISH – PETERSON

Please contact Tania-Dauvin-Frank to register for mass.

For Sunday Masses, St. Agnes Parishioners will be given

the first choice for registration,

with the exception of Memorial Masses.

ST. AGNES AND ST. BRUNO PARISHIONERS

A **PENITENTIAL SERVICE** with the opportunity for

PRIVATE CONFESSIONS is scheduled for

Wednesday, December 16, 2020 at 7:00 p.m.

in St. Bruno Catholic Church

Fr. Colin Roy will be assisting Fr. Pius Schroh.

POINSETTIAS.... to help decorate our church.

Parishioners from St. Bruno Parish are invited

to purchase a poinsettia of their choice,

“In Memory of a Loved One”

Please bring your poinsettia to the church

on **Wednesday morning, December 23, 2020,**

and **place it in the MEETING ROOM**

on the west side of the church entrance.

Please provide your own flower picks and signature

cards this year, and label your poinsettia if you wish

people to know who it is for.



St. Bruno Parishioners:

**- IT IS NOW MANDATORY TO WEAR A MASK
WITHIN THE CHURCH BUILDING, FOR MASSES OR
ANY OTHER TIME YOU ENTER THE CHURCH.**

**- More seating available in the church basement,
to accommodate more people and audio is set up
for everyone to hear the mass.**

**DISTRIBUTION OF COMMUNION, will
take place following the Mass, in this order:**

**- Fr. Pius will offer Communion to those who are
downstairs, **FIRST**, so they can exit the building
immediately after receiving.**

- **SECONDLY, For those who wish to remain in their
vehicles and listen to the mass on their vehicle radio at
88.5 FM, Fr. Pius will distribute Holy Communion
outside after the people from downstairs have exited.**

- **THIRDLY, Parishioners within the church upper will
receive Communion, and exit the building.**

**- Those receiving “Holy Communion on the tongue”,
are asked to receive last in line.**

***We ask everyone, to please follow the social distancing
guidelines for all situations listed above.***

The 2020 – 2021 Sunday Missals are now available
in both parishes. Purchase price - \$5.00 each.

Merry Christmas Blessings to all!

ST. BRUNO PARISHIONERS:

**“Donations for the Bazaar” will be accepted until
December 31, 2020. Please mark your envelope clearly
so that allocation of this money is kept separate from
the Sunday Collection. Receipts will be issued.**



Bruno Wildlife Federation
HORN MEASURING

Saturday, December 19th, 2020 @ 10:00AM

Kevin Pulvermacher's shop

Anyone wanting heads measured **can drop them off** at the **S. West door**. **Only organizers and measurers will be allowed in the building.**

Please ensure you have the following information recorded: (We can supply labels)

1. Name of hunter
2. Category- archery, Muzzle loader, rifle , X-bow.
3. Gender- Youth Girls, Mens, Womens, Youth Boys.
4. Cell number for pick up of head once we are done with it.

When we are done measuring your head or group of heads, we will phone for pick up at the **S. East door**.

***2021 memberships will be available on this day at the Clubhouse
\$20 regular \$30 Family***

Archery Memberships will be available for purchase \$80 regular and \$120 Family. Must first purchase a Wildlife membership.

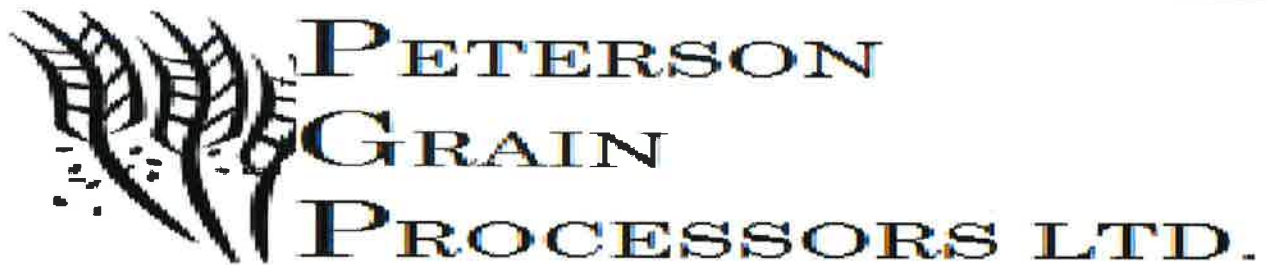


Questions?? Phone or text..

Ty Hering (306)369-8090 / Tyler Dust (306)369-7781 / Kevin Pulvermacher (306)369-7611

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Single kernel grain sorting can be used to improve your grade, raise your protein and increase your yield.



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